

This race pack is **PROVISIONAL**. Race information may change between now and the event.

SAUNDERSFOOT SWIM RACE PACK



THANK YOU.

Welcome to the Saundersfoot Swim 2026.

More information will follow when it is available.

The AWE Team

**Please ensure that you read the information in this race pack carefully,
even if you've raced this event before.**

IMPORTANT LOCATIONS

To make finding where you need to go easier we use **what3words** references that look like this **///filled.count.soap**. To learn more about what3words and how to use it visit: <https://what3words.com/products/what3words-app>

Finish Line

Saundersfoot Sea Front, **///scanning.gullible.founding**

Registration

Regency Hall, Saundersfoot, **///bonnet.bandstand.loosens**

Start Line

Saundersfoot Beach, **///slides.comedians.thinkers**

PARKING

Regency Hall, Saundersfoot

Pay and Display, [///bonnet.bandstand.loosens](#)

Saundersfoot Harbour, SA69 9EW

Pay and Display, [///colling.repaid.cherised](#)

Coppet Hall Car Park, SA69 9AJ

Pay and Display, [///surprise.rationing.tagging](#)

ITINERARY

Friday 11th September

 **12pm - 4pm** Registration  Regency Hall [///bonnet.bandstand.loosens](http://bonnet.bandstand.loosens)

Saturday 12th September

 **6.30am - 7.15am** Registration  Regency Hall, Saundersfoot [///bonnet.bandstand.loosens](http://bonnet.bandstand.loosens)

 **7.40am** Mandatory race Briefing  Slipway [///slides.comedians.thinkers](http://slides.comedians.thinkers)

 **7.50am** Swim Acclimatisation 

 **8am** All Distances Start  Slipway [///slides.comedians.thinkers](http://slides.comedians.thinkers)

 **8.30am** First lap Cut off 

 **9am** Overall Cut off 

REGISTRATION

Don't forget your photo ID: Without photo ID you will not be able to register. You **CANNOT** register on someone else's behalf.

At registration you will receive:

1 X Swim Hat

1 X Timing Chip

Entries are non-transferable at registration. If you have not followed the correct steps to transfer your entry to another person (deadline prior to the event), they will be unable to race. If another athlete takes part with your details, you will both be disqualified and banned from all future AWE events.

STAYING SAFE

MARSHALS

Please be advised all marshals are volunteering their time for free and without their assistance we would not be able to put the race on. Please respect marshals. Any abusive behaviour or language will result in immediate disqualification.

It is your responsibility to know the route and to ensure your own safety on course. Marshals are there purely for reference and directional purposes and are not permitted to stop traffic.

THE COURSE

Saundersfoot Swim - 950m

SWIM - 950M

LAPS 1

All course cut-off times can be found in the [event itinerary](#).

Saundersfoot Swim - 1.9k

SWIM - 1.9K

LAPS 2

All course cut-off times can be found in the [event itinerary](#).

Courses are comprehensively marshalled and signed with black arrows on a fluorescent background

RULES

It is your responsibility as a competitor to know ALL the rules. Ignorance is no defence.

PENALTIES

It is your responsibility as a competitor to know to be aware of the penalties for not following the rules.

RESULTS & AWARDS

Award Categories

FAQ

If there's something you need to know that isn't covered in this race pack head over to our Frequently Asked Questions page by clicking the link below.

[Frequently Asked Questions](#)